

Sample First Aid Kit

A first aid provider's responsibility is to maintain their first aid kit. The first aid kit should include the supplies needed for the most common emergencies. The following list follows the standards of the American National Standards Institute (ANSI). A first aid provider should:

- ✓ Keep supplies in a sturdy container that is watertight and clearly labeled.
- ✓ Make sure the first aid kit is readily accessible.
- ✓ Replace items after each use.
- ✓ Check supplies for expiration dates and replace when needed.

Class A kits: For homes or smaller workplaces

Class B kits: For larger workplaces, designed to treat injuries more often found in densely populated workplaces with complex or high-risk environments, such as warehouses, factories, and outdoor areas

First aid supply	Minimum quantity		Minimum size or volume
	Class A Kits	Class B Kits	
Adhesive bandage	16	50	1x3 in
Adhesive tape	1	2	2.5 yd (total)
Antibiotic application	10	25	1/57 oz
Antiseptic	10	50	1/57 oz
Breathing barrier	1	1	N/A
Burn dressing (gel soaked)	1	2	4x4 in
Burn treatment	10	25	1/32 oz
Cold pack	1	2	4x5 in
Eye covering	2	2	2.9 sq in
Eye skin wash	1 fl oz total	4 fl oz total	
Hand sanitizer	6	10	1/32 oz
Medical exam gloves	2 pair	4 pair	N/A
Roller bandage (2 inch)	1	2	2 in x 4 yd
Roller bandage (4 inch)	0	1	4 in x 4 yd
Scissors	1	1	N/A
Splint	0	1	4.0 x 24 in
Sterile pad	2	4	3 x 3 in
Tourniquet	0	1	1 in (width)
Trauma pad	2	4	5 x 9 in
Triangular bandage	1	2	40 x 40 x 56 in